

AL-FARABI KAZAKH NATIONAL UNIVERSITY
MEDICAL FACULTY - HICHER SCHOOL OF PUBLIC HEALTH
CHAIR OF PHYSICAL EDUCATION AND SPORTS

CONCEPT

**CONTINUOUS PRACTICAL TRAINING OF STUDENTS OF SPECIALTY 5B010800 -
"PHYSICAL CULTURE AND SPORTS"**

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The concept of continuous practical training of students is developed by Ph.D., associate professor Madiyeva G.B. in accordance with the special requirements "5B010800-Physical Culture and Sport", "Regulations on professional practice of students" of higher education institutions and the Law of the Republic of Kazakhstan "On Education"

1. General Provisions

Practice as a system of continuing vocational education for students is part of the educational process in a higher educational institution, consisting of successive interrelated stages in creating all the conditions for reaching a new higher level for the purpose of strengthening and deepening the knowledge gained by the student, mastering the skills and skills of practical work on specialty 5B010800- "Physical Culture and Sport" at the Al-Farabi Kazakh National University.

Conditions for implementing the concept of continuous practical training:

- development of an appropriate regulatory and legal basis for systematization of continuous practical training (regulating process, conditions and results of continuous practical training);
- development of public cooperation of individuals and legal entities at the level of republican entities;
- staffing of all levels and areas of professional practice;
- improvement of professional practice programs;
- preparation of the scientific and methodological base;
- the organization of an active educational environment, the introduction of pedagogical technologies, the development of psychological and pedagogical support for professional practice;
- financial support for continuous practical training of students.

The concept of continuous practical training for students of the specialty "Physical Culture and Sport" was developed on the basis of the State Program for the Development of Education in the Republic of Kazakhstan for 2011-2020, the Regulations on the Professional Practice of Students of Higher Education Institutions, the RK Law "On Education", "Methodological Recommendations and program on professional practice of specialists, "Basic curricula and based on programs of practices developed by the Department of Physical Education and Sports of the Al-Farabi Kazakh National University.

Any process that takes place in the sphere of production requires the specialist, along with sufficient theoretical knowledge, to possess skills and skills in the field of a chosen specialty.

In accordance with the requirements of continuous practical training of students:

- students acquire skills at seminars, practical and laboratory sessions, with active teaching methods (interactive methods, business games, etc.), in the process of conducting research and research and research work, etc.
- skills are acquired during the passage of all types of practices and performance of public work (responsibilities of the elder, the trade union group, work in student self-government, MTR, etc.).

The concept of continuous practical training of students is called upon to unite in aggregate certain types of practices. It is a set of interrelated forms, methods and means of forming students' skills in various specialties in accordance with the requirements of developing a market economy. According to the Concept of Continuous Practical Training, students of the specialty 5B010800- "Physical Culture and Sport" must pass professional practice.

2. Purpose and objectives of practice

The main *goal* of professional practice is to consolidate theoretical and methodological knowledge, to form the necessary skills and skills, to check the professional preparedness of students for the future profession.

In accordance with the purpose in the process of professional practice the following *tasks* should be solved:

- provision of high-quality practical training for students of a specialty for innovative pedagogical activity;
- improvement of existing practice bases to improve the conditions for practice;
- improving the quality of training highly qualified and competitive personnel in the field of physical culture and sports;
- Involvement of employers for the organization of professional practice, internships for students and their further employment.

In the curriculum of the specialty, the following types of practices are envisaged: educational, production (coaching) and pedagogical.

• UP 101, UP 202 Training Practice

The purpose of the training practice is to consolidate the theoretical and methodological knowledge gained in the process of training in the first and second courses, the formation of the skills necessary for successful pedagogical activity. The base of practice: the chair of physical education and sports of the Al-Farabi KazNU. Duration one week in the 2nd and 4th semesters;

• PP 304, PP 405 production (coaching) practice:

The main goal of the production coaching practice is to consolidate theoretical and methodological knowledge, to form the necessary skills and skills, to check the professional preparedness of students for future coaching activities. The base of practice: the chair of physical education and sports of the KazNU. al-Farabi, sports schools (SCYSOOR, RSHS, CYSS, sports clubs in sports, health-improving fitness centers, summer sports camps. Duration 2,5 and 5 weeks in 6 and 8 semesters

• PP403 teaching practice:

The main goal of pedagogical practice is master students the basic functions of pedagogical activity of the teacher, the formation and development of pedagogical competence, the formation of professional qualities of the teacher's personality. The base of practice: general educational institutions. Duration 5 weeks in 8 semester.

3. Organization and leadership

Places of practice can be offered both by the enterprises themselves (educational institutions, SCYSOOR, RSHS, CYSS, sports clubs, etc.), and by the students themselves, coordinated with the department for compliance with the profile of the specialty.

Practice is conducted in organizations in which there is a corresponding material and technical base, qualified and experienced specialists in the field of physical culture and sports work.

General management of students' practice is entrusted to the graduating department with the participation of teachers of the departments of sports-pedagogical cycles, pedagogy and psychology. Student interns are divided into groups and assigned to the methodologists. The distribution of basic schools and groups is carried out taking into account the specialization and residence of students.

Professional practice begins with a general course installation conference, at which students become acquainted with the content and organization of practice, the duties of trainees and the requirements imposed on them.

Heads of organizations where students are practicing are not allowed to involve them in overtime work and send them on business trips that are not related to the aims and objectives of the practice.

The head of practice from the enterprise can:

- take part in the work of the Commission for the Protection of Practice Reports;
- temporary enrollment of trainee students for a full-time position at the place of practical training in the specialty profile;
- create the necessary conditions for students to obtain the data necessary to perform work in accordance with the program of practice and contribute to the qualitative writing of the report;
- advise internship students;
- control the students' fulfillment of the schedule for passing the practice, the program of practice;
- at the end of the practice, provide a description for each student of the quality of the practice, which reflects: the student's attitude toward work, the level of preparedness for practice, discipline;
- check and sign a practice diary.

The receiving party has the right to inform the head of practice from the department of all violations, observations and failure of students to perform their duties; take part in the work of the commission to protect their reports.

4. Rights and duties of trainee students:

- the student must strictly observe labor discipline; fully perform the tasks prescribed by the program of practice, carefully prepare for each lesson and other types of teaching and educational work, attend open lessons, training and teaching sessions;
- obey the rules of internal routine of the practice base, follow the instructions of the administration and the head of the practice;
- actively participate in the social life of the staff of the practice base;
- to study and strictly observe the rules of labor protection, safety and fire safety rules;
- to provide the methodologist with a fixed form a written report, a diary and a description with an assessment signed by the administration of the practice base..

A student has the right to be enrolled for a full-time position at the place of practice, on the profile of the specialty. Students should, with the permission of the administration of the enterprise (organization), make maximum use of the possibilities of the archive, information services, and the library of the enterprise. During the practice, the student must keep a diary with a note, which was specifically done and on what days.

Then the students defend the report before the commission at the department, which is determined by the head of the department.

3. Application area.

The key moment of the concept of carrying out the practice of students is the integration of science and education, theoretical and practical skills.

The main objective of the practice is to consolidate the knowledge received by the students in the process of studying at the university on the basis of a thorough study of the work of enterprises, institutions and organizations where the trainees are practicing, and mastering the production skills and methods.